



University Counseling Center Staff 2019-2020

Staff Bios:

Director: Danielle Green was hired by Broadlawns in October of 2018 to serve as a therapist at Drake University. Since then, she has built strong rapport with our students, including faculty and staff. Prior to Broadlawns/Drake, Danielle worked at Children and Families of Iowa (Des Moines) as a Family Therapist, the University of Northern Iowa within the Dean of Students Office and Social Work Department, Heart and Solutions as a Behavioral Health Intervention Services Counselor, Eldora State Training School as a Residential Inpatient Juvenile Substance Abuse Counselor, and Iowa Juvenile Court Services as a Juvenile Court Officer Liaison. Danielle is a Licensed Master of Social Work (LMSW) through the State of Iowa, is EMDR trained and certified, and is Iowa Board certified as an Alcohol and Drug Counselor.

Danielle has served as a lecturer for seminar and practicum classes within UNI's social work department as well as previously mentored first-year graduate students looking to earn their LMSW. In addition, Danielle maintained a caseload of students who were identified as at-risk and in need of more support through UNI's Dean of Students Office while working collaboratively with the Office of Admissions, Registrar, and Financial Aid to support these students. Danielle is experienced in providing crisis intervention therapy with students and has already utilized these skills at Drake.

She received her Bachelor of Arts degree from Grand View University and her Master of Social Work degree (Trauma Informed Care Specialization) from the University of Northern Iowa. While at Grand View, Danielle lettered in Women's Basketball and was a Capital One Academic All-American, MCC All-Conference, NAIA Scholar All-American, and Female Athlete of the Year.

Therapist: Karla Mracek comes with a wealth of experience. She's currently providing therapy in the community and specializes in anxiety, trauma, depression, stress management, and relational/attachment issues. She is trained in EMDR and practices from a client centered approach, focusing on trauma informed care and cultural humility. Karla has worked with many groups and populations. She previously worked at the Center on Halsted in Chicago, the first and largest LGBTQ Community Center. Prior to becoming a therapist, she worked for several years as an outpatient Registered Dietician, which eventually led her to the field of social work and counseling. She's looking forward to utilizing these experiences to support Drake students in what is often an exciting, but also challenging time in their lives. Karla is passionate about self-care and balance and practices this in her own life by attending yoga classes daily.

Therapist: Amber Wilkins brings a significant amount of experience working with people of all ages. Amber has been lucky enough to have two lives in her career: one focusing on medical social work and emergencies; and, the other assisting people of all ages with improving their mental health. Amber specializes in depression, anxiety, trauma, and life transitions. Amber is especially skilled during times of crisis and helping individuals navigate unexpected events. She's trained in EMDR and also utilizes a client centered approach, solution focused therapy, and cultural humility. Amber brings with her a passion surrounding prevention and education around mental health and reducing the stigma associated with mental health. She's excited to utilize these experiences to support Drake students in navigating their time at Drake and any challenges they may face.