J-Term 2018 Schedule [January 2-25]

*No classes January 15

MONDAY

TUESDAY

Muscle Mix Yoga

12:15-12:45pm 12:30-1:00pm

Jenny

Pound

4:45-5:30pm

Kodee

Hannah

Barre

4:45-5:30pm

Elise

Hydrofit

5:00-5:45

Rachelle

*Held in Bell Center Pool

WEDNESDAY

Pilates

12:15-12:45pm

Carolyn

Zumba

4:45-5:30pm

Tracee

THURSDAY

Yoga

12:30-1:00pm

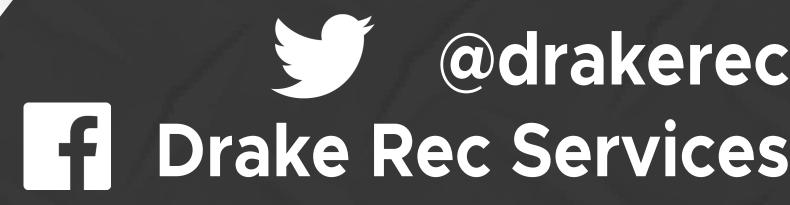
Mary

Muscle Mix

5:00-5:30pm

Rachelle





For class descriptions and more, visit www.drake.edu/recservices/groupexercise