

GROUPXX

J-Term 2018 Schedule
[January 2-25]

**No classes January 15*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Yoga

12:15-12:45pm

Jenny

Pound

4:45-5:30pm

Kodee

Muscle Mix

12:30-1:00pm

Hannah

Barre

4:45-5:30pm

Elise

Hydrofit

5:00-5:45

Rachelle

*Held in Bell
Center Pool

Pilates

12:15-12:45pm

Carolyn

Zumba

4:45-5:30pm

Tracee

Yoga

12:30-1:00pm

Mary

Muscle Mix

5:00-5:30pm

Rachelle